

# 1970 Region 1 Championships at Albert Lea, Thursday, May 28, 1970

**Teams:** Albert Lea 40, Rochester Mayo 38, Northfield 29, Owatonna 24, New Richland 22, Rochester JM 19, Austin 14, Preston 14, Kenyon 14, Caledonia 9, Red Wing 9, Hayfield 7, Faribault 4, Janesville 4, La Crescent 3, Adams 3, Peterson 2, Waseca 2, Blooming Prairie 2.

## 100

- 1 Mark Lutz, Mayo (9.7p \*) 9.6 wa
- 2 Dave Pederson, Albert Lea
- 3 Al Mitchell, Northfield
- 4 Kraske, Austin
- 5 Bob Jacobson, Northfield

## 220

- 1 Mark Lutz, Mayo 20.6 wa
- 2 Gregg Strauss, Janesville
- 3 Bruce Meierbachtol, Albert Lea
- 4 Kraske, Austin
- 5 Levitt, Mayo

## 440

- 1 Mark Lutz, Mayo 48.2\*\*
- 2 Bob Jacobson, Northfield 49.9
- 3 Dave Pederson, Albert Lea
- 4 Peterson, Blooming Prairie
- 5 Hazelton, Owatonna

## 880

- 1 Dan Lyndgaard, New Richland 1:58.0
- 2 Dan Humes, Owatonna 1:58.0
- 3 Van Arx, La Crescent
- 4 Winkler, Albert Lea
- 5 Andy Bunge, Preston

## Mile

- 1 Dave Lyndgaard, New Richland 4:31.7
- 2 Allan Tappe, New Richland
- 3 Cameron, Albert Lea
- 4 Burtlich, Caledonia
- 5 Dragsten, Faribault

## Two Mile (New Event)

- 1 Brad Finseth, New Richland 9:47.3 \*\*
- 2 Bruce Vermilyea, Kenyon
- 3 Halverson, Albert Lea
- 4 Lind, Red Wing
- 5 John Purves, Rochester JM

## High Hurdles

- 1 Craig Thauwald, Preston 14.8 wa
- 2 Jerry Ellinghuysen, Albert Lea
- 3 Schroeder, Caledonia
- 4 Walph, Rochester JM
- 5 Fechter, Red Wing

## 180 Yd. Low Hurdles

- 1 Craig Thauwald, Preston 19.6 wa
- 2 Steve Seykora, Owatonna
- 3 Lee Wallen, Rochester JM
- 4 Jerry Ellinghuysen, Albert Lea
- 5 Appien, Waseca

## 880 Relay

- 1 Albert Lea (Bruce Meierbachtol, Rod Tovar, Mike Pappas, Bob McElhaney) 1:32.5
- 2 Northfield
- 3 Rochester JM
- 4 Austin
- 5 Owatonna

## Mile Relay

- 1 Northfield (Jim Bies, Roy Good, Al Mitchell, Bob Jacobson) 3:24.9 \*\*
- 2 Owatonna
- 3 Rochester JM
- 4 Albert Lea
- 5 Preston

## Sprint Medley (New Event)

- 1 Albert Lea (Dan Knutson, Bruce Bubolitz, Mike Pappas, Jim Henry) 3:39.1 \*\*
- 2 Owatonna
- 3 Rochester JM
- 4 Austin
- 5 Waseca

## Shot Put

- 1 Larry Yocum, Mayo 54-3
- 2 Craig Hartwig, Owatonna
- 3 Kevin Arndt, Kenyon
- 4 Hegland, Peterson
- 5 Christensen, Rochester JM

## Discus Throw

- 1 Jim Proeschel, Hayfield 162-3 \*\*
- 2 Larry Yocum, Mayo
- 3 Kevin Arndt, Kenyon
- 4 Mike Plaas, Red Wing
- 5 Stapleton, Rochester JM

## Long Jump

- 1 Kevin Keller, Austin 21-4 <sup>3</sup>/<sub>4</sub>
- 2 David Wright, Northfield 20-9
- 3 Mandt, Adams
- 4 Weitzel, Albert Lea
- 5 Schroeder, Caledonia

## High Jump

- 1 Cal Simmons, Northfield 6-3 <sup>1</sup>/<sub>2</sub> \*\*
- 2 Tom Fechter, Red Wing
- 3 Schroeder, Caledonia
- 4 Anderson, Owatonna
- 5 Radke, Hayfield

## Pole Vault

- 1 Jesse Cogswell, Mayo 14-0 <sup>1</sup>/<sub>2</sub> \*\*
- 2 Dick Anderson, Owatonna
- 3 Wick, Faribault
- 4 Rauler, Rochester JM
- 5 Rayman, Northfield

\* Ties Meet Record

\*\* New Meet Record

**Notes:** Jim Lee of Austin who had set a State All-Time Pole Vault best of 15-0 at the District Two Meet had difficulty with the wind at his opening height of 12-8 and did not get a mark.